

Tips and Tricks From the Endoscopy Theatre... A Seasoned RN's Perspective

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Organizing the Endoscopy Suite



Prepare Instruments

Sterilized

Readily available

Anticipate physician's needs

Clear Workspace

Minimize clutter

Enable access

Emergency Supplies

Resuscitation Basket/supplies – easily accessible

Call bell – where is it/is it in proper working order

Effective Communication with Physician/NP



Clear Updates

Inform the physician of vital signs and any patient concerns.



Open Dialogue

Engage in open dialogue with the physician to ensure understanding of the procedure.



Ask Questions

Don't hesitate to clarify any doubts or doubts or ask questions.

Staying Calm and Reassuring the Patient

1

Calm Demeanor

Project a calm and reassuring presence.

2

Explain Procedure

Clearly explain the procedure to alleviate anxiety.

3

Answer Questions

Patiently answer the patient's questions.



Anticipating Needed Equipment

1 Procedure Specific Equipment

Select equipment based on scheduled procedure type and and physician preferences

3 Specialized Tools

Prepare specialized instruments like biopsy forceps based on procedure procedure requirements

2 Standard Supplies

Ensure adequate stock of gloves, masks, and other basic basic protective equipment



Positioning and Turning the Patient

1

Left Lateral Position

Most commonly used position for endoscopy procedures.

2

Gentle Turning

Turn the patient smoothly and slowly to avoid discomfort.

3

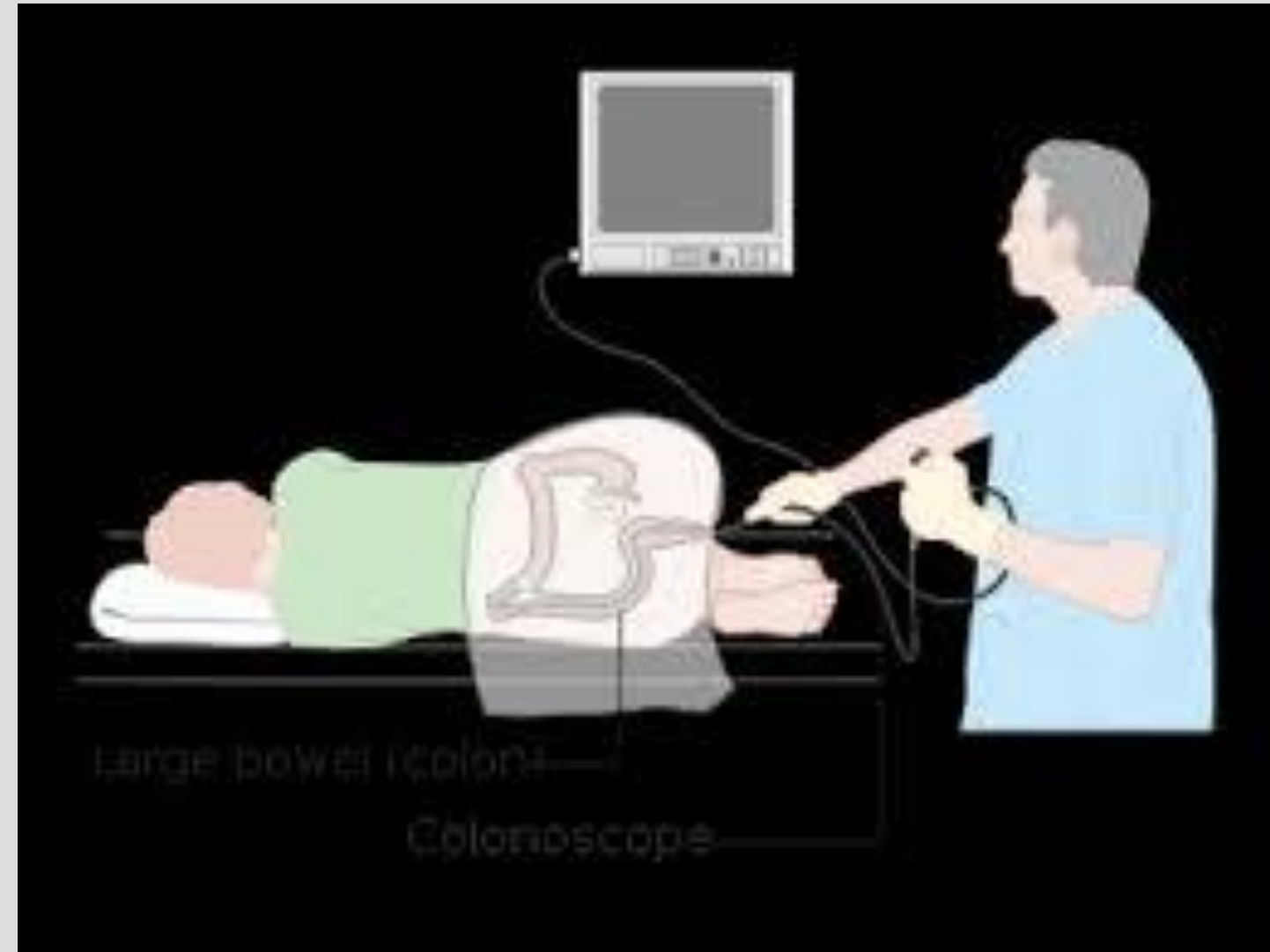
Support and Padding

Properly pad and support the patient to prevent pressure points.

4

Comfortable Positioning

Ensure the patient's comfort throughout the procedure.



Titration Sedation Effectively



1

Assess Level

Regularly monitor the patient's level of sedation.

2

Titrate Slowly

Administer sedation gradually to achieve a desired level.

3

Oxygen Support

Ensure adequate oxygenation throughout the procedure.

Abdominal Pressure

Gentle Pressure

To facilitate visualization; use a steady steady and controlled approach.

Patient Feedback

Adjust as needed; pause the procedure procedure to address discomfort.

Physician Feedback

Is is working? Do we need pressure in another area?

Factors Affecting Pressure

Level of sedation, sensitivity, previous surgeries, adipose tissue of abdomen

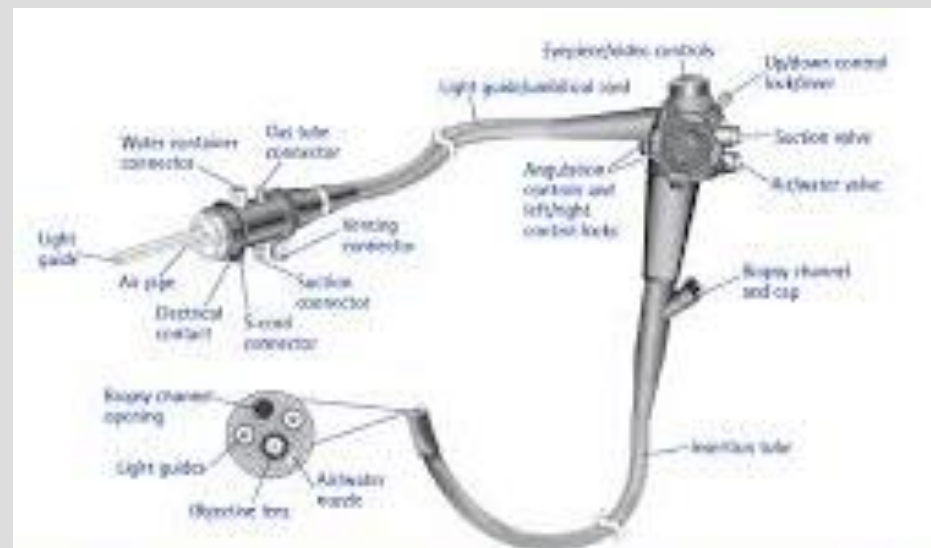


Knowing Your Equipment and Assisting the Doctor



Screen Monitoring

Monitor the screen to help the doctor detect polyps.



Equipment Knowledge

Know the function of all instruments and equipment.



Real Time Trouble-shooting

Be prepared to assist the physician with equipment malfunctions.



AVOIDING PHONES IN THE PROCEDURE ROOM

- Maintain a professional and focused environment. Avoid distractions like phones to ensure safety and patient care.