



20th Annual GI for GPs Course  
April 29, 2023  
Double Tree Hilton West Edmonton



### ACCREDITATION

This **Group Learning** program will be submitted to the College of Family Physicians of Canada and the Alberta Chapter for up to 6.50 credits.

### COURSE OBJECTIVES

Through plenary sessions and small group workshops, participants will:

- Identify how to respond to common gastroenterological concerns frequently seen in primary care
- Provide a summary of recent developments in gastroenterology and articulate how those updates in diagnosis and treatment affect clinical practice in the primary care setting
- Gain confidence in knowing when common gastrointestinal symptoms and conditions can be cared for by family physicians and which concerns should be referred to a specialist
- Examine case studies dealing with common GI issues and provide a suggested course of practice based on the information provided in Course sessions
- Network and interact with colleagues and experts in the field in order to discuss common and often complex gastroenterological problems

## PROGRAM SCHEDULE *\*subject to change*

7:00-8:00 am	<b>Breakfast and Registration</b>
8:00-8:10 am	Welcome and Introductions
8:10-8:30 am	<p><b>Lecture #1: Pediatric GI Pearls - Jaundice, Abdominal Pain and GERD</b>  <b>Presenter: Matthew Carroll</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Understand the difference clinically and biochemically between physiological jaundice and jaundice from sinister causes (like biliary atresia)</li> <li>• Provide clinicians tools to differentiate functional from organic abdominal pain in kids</li> <li>• Provide an approach to the diagnosis and treatment of GER or GERD in kids</li> </ul>
8:30-8:35 am	<b>Q&amp;A</b>
8:35-8:55 am	<p><b>Lecture #2: When Does a Patient Need an ERCP?</b>  <b>Presenter: Kirles Bishay</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Recognize indications for an urgent ERCP</li> <li>• Determine timing for an urgent ERCP</li> <li>• Select appropriate investigations for pancreaticobiliary issues, including MRCP and EUS</li> </ul>
8:55-9:00 am	<b>Q&amp;A</b>
9:00-9:20 am	<p><b>Lecture #3: Colonoscopy Screening and Surveillance</b>  <b>Presenter: Rick Sultanian</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Learn how to apply new polyp surveillance guidelines</li> <li>• Analyze second degree family history and determine who is at risk</li> <li>• Determine colonoscopy vs. FIT for screening and surveillance</li> </ul>
9:20-9:25 am	<b>Q&amp;A</b>
9:25-9:30 am	<b>Room Change</b>
9:30-10:10 am	<p><b>Workshop #1: Colon Cancer Screening Potpourri</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Current recommendations for: <ul style="list-style-type: none"> <li>○ Average risk colorectal cancer screening</li> <li>○ First degree relative with colorectal cancer</li> </ul> </li> <li>• Discuss the issues with interval and inappropriate FITs</li> <li>• Recognize that Alberta has updated their polypectomy surveillance guidelines</li> </ul>

10:10-10:30 am	<b>Break and Room Change</b>
10:30-10:50 am	<p><b>Lecture #4: Initial Workup for IBD</b></p> <p>Presenter: <b>Lillian Du</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Distinguish between presentations of IBD vs. IBS</li> <li>• Recognize non-invasive tests appropriate for the workup of IBD vs. IBS</li> </ul>
10:50-10:55 am	<b>Q&amp;A</b>
10:55-11:15 am	<p><b>Lecture #5: Rectal Bleeding - Management and When to Refer</b></p> <p>Presenter: <b>Dana Mihalicz</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Understand the likely etiologies (and relative incidence) of rectal bleeding for different age groups (ex young adults versus older adults)</li> <li>• Recognize referral criteria for FAST</li> <li>• Provide a rational approach to investigating rectal bleeding in primary care</li> </ul>
11:15-11:20 am	<b>Q&amp;A</b>
11:20-11:40 am	<p><b>Lecture #6: Abnormal Liver Tests? What's the Cause and What to Do</b></p> <p>Presenter: <b>Robert Bailey</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Distinguish a cholestatic from a hepatocellular liver enzyme pattern</li> <li>• Select appropriate investigations for the workup of abnormal liver enzymes</li> <li>• Discuss the role of FIB4 in staging liver disease</li> </ul>
11:40-11:45 am	<b>Q&amp;A</b>
11:45-12:05 pm	<p><b>Full Group Discussion / Ask the Experts: AM Session</b></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> <li>• Review and discuss the morning's presentations with expert faculty and peers</li> <li>• Analyze comprehension and ask questions to reinforce key points from each session</li> </ul>
12:05-12:40	<b>Lunch and Room Change</b>
12:40-1:20 pm	<p><b>Workshop #2: IBS vs IBD</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Discuss management scenarios of IBS and IBD</li> <li>• Select appropriate investigations in the setting of acute exacerbation of IBD</li> </ul>
1:20-1:25 pm	<b>Room Change</b>

1:25-1:45 pm	<p><b>Lecture #7: Supporting the Cirrhotic Patient in the Medical Home</b>  Presenter: <b>Puneeta Tandon</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Identify features suggestive of cirrhosis in a patient with risk factors for liver disease</li> <li>• Identify resources to assist in management of cirrhotic patients in primary care</li> <li>• Analyze case studies to apply best practices and resources in primary care cirrhosis management</li> </ul>
1:45-1:50 pm	<b>Q&amp;A</b>
1:50-2:10 pm	<p><b>Lecture #8: Hepatocellular Cancer Primer for Primary Care</b>  Presenter: <b>Carlos Moctezuma</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Discuss the screening guidelines for Hepatocellular Cancer</li> <li>• Identify the risk factors for Hepatocellular Cancer</li> <li>• Describe initial workup and referral for Hepatocellular Cancer</li> </ul>
2:10-2:15 pm	<b>Q&amp;A</b>
2:15-2:30 pm	<b>Break</b>
2:30-2:50 pm	<p><b>Lecture #9: Novel Therapies and Management for Constipation</b>  Presenter: <b>Mike Gozdzik</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Provide clues as to when constipation requires further investigation</li> <li>• Become familiar with resources for managing constipation</li> <li>• Understand the potential benefits and harms of commonly used pharmacological treatments</li> <li>• Understand how newer agents compare to older agents in terms of efficacy, side effects and costs</li> </ul>
2:50-2:55 pm	<b>Q&amp;A</b>
2:55-3:15 pm	<p><b>Lecture #10: Barrett's Update</b>  Presenter: <b>Clarence Wong</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Determine who should be screened for Barrett's</li> <li>• Explore optimal strategies for diagnosis, surveillance, and therapy of BE</li> </ul>
3:15-3:20 pm	<b>Q&amp;A</b>

3:20-3:40 pm	<p><b>Full Group Discussion / Ask the Experts: PM Session</b></p> <p>At the end of the session the learner will be able to:</p> <ul style="list-style-type: none"> <li>• Review and discuss the morning’s presentations with expert faculty and peers</li> <li>• Analyze comprehension and ask questions to reinforce key points from each session</li> </ul>
3:40 pm	<b>Conference Closes</b>

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## ORGANIZING COMMITTEE

**Dr. Lana Bistriz**, Associate Professor, Division of Gastroenterology, University of Alberta

**Dr. Michael Kolber**, Associate Professor, Department of Family Medicine, University of Alberta

**Dr. Clarence Wong**, Associate Professor, Division of Gastroenterology, University of Alberta

### FOR MORE INFORMATION CONTACT:

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